

Supplementary Online Content

Harnack LJ, Oakes MJ, Elbel B, Beatty T, Rydell SA, et al. Effects of subsidies and prohibitions on nutrition in a food benefit program: a randomized clinical trial.

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eTable 1. Dollar Amount (in 2015 US Dollars) of Incentive Earned for Purchasing Eligible fruits and Vegetables for Households in the Incentive (n=68) and Incentive Plus Restriction (n=67) Conditions

eTable 2. Mean BMI and Change in BMI From Baseline to Follow up by Experimental Condition

This supplementary material has been provided by the authors to give readers additional information about their work.

eTable. Dollar amount (in 2015 US Dollars) of incentive earned for purchasing eligible fruits and vegetables for households in the Incentive (n=68) and Incentive plus Restriction (n=67) conditions

	Experimental Condition					
	Incentive, mean (SD)	median	range	Incentive plus Restriction, mean (SD)	median	range
Weeks 5-8	15.05 (13.52)	11.57	0 – 58.29	16.11 (11.42)	13.35	0.54 – 48.06
Weeks 9-12	13.82 (12.63)	10.45	0 – 55.21	14.06 (13.36)	11.56	0 – 58.92
Weeks 13-16	12.72 (12.65)	8.06	0 – 62.71	14.45 (11.46)	11.30	0 – 46.95
Total (Weeks 5-16)	41.25 (36.26)	31.52	0 – 156.40	44.69 (32.38)	37.97	1.5 – 135.42

eTable 2. Mean BMI and Change in BMI From Baseline to Follow up by Experimental Condition (n = 252)^a

Outcome	Experimental Condition, Mean (SE)				P Value ^c
	Incentive	Restriction	Incentive Plus Restriction	Control	
BMI, mean (SD) ^b					.15
Baseline	33.4 (1.1)	32.7 (1.1)	31.7 (1.1)	32.7 (1.1)	
Follow up	33.4 (1.1)	32.6 (1.1)	31.9 (1.1)	32.8 (1.2)	
Change	0.1 (0.2)	−0.1 (0.2)	0.2 (0.2)	0.1 (0.5)	

Abbreviations: BMI, body mass index; SD, standard deviation; SE, standard error.

^aExcludes those who were pregnant at the baseline or follow-up measures (n = 11) and those who did not consent to follow up weight measures (n = 2).

^bcalculated as weight in kilograms divided by height in meters squared

^cP value calculated from F-test for equality of means.